



Irish Shoulder & Elbow Society

Programme ISES meeting Saturday 31 January 2026

08.30 Registration

AM Session

Albert Theatre

09.00 Welcome Address

Mr Kieran O'Shea

09.10 New Aspects of posterior shoulder instability

Prof Christian Gerber

09.50 Practical Rehabilitation Strategies After Posterior Labral Repair

Dr Edel Fanning

Q&A

10.30 Coffee

11.00 Free Paper Session

Chair: Mr Patrick Groarke

Adjudicators: Ms Vanessa Cuddy

Mr Robert Piggott

11:50 Guest Lecture

Neurological injuries and pathologies about the shoulder:

a neurophysiologists perspective

Dr Michael Alexander, Consultant Neurophysiologist, Tallaght University Hospital

12.30 Lunch

PM Session ISES

Albert Theatre

13.30 Current Concepts

Chair: Mr Kieran O'Shea

Management of primary and metastatic shoulder and elbow pathologies

Mr Matthew Lee

Paediatric and Adolescent Shoulder Instability

Mr Fiachra Power

14:30 Clinico-pathological conference Chair: Ms Ruth Delaney

Case Presentations: Dr Willem Geuskens

Panel: Prof David O' Briain, Mr J Tristan Cassidy, Prof Christian Gerber

15:30 Keynote Lecture: Orthopaedic research: are we on track?

Prof Christian Gerber

13.30 PM Session ISERS

O'Flanagan Theatre

Parallel physiotherapy workshop

ISERS Committee

Return to Sport Testing (Practical Session)

Complex Case Studies

16:15 Close and Awards

16:30 Business meeting/ISES update/AGM