



Irish Shoulder & Elbow Society

2019

IRISH SHOULDER AND ELBOW SOCIETY ANNUAL MEETING

Saturday, 12th January

Royal College of Surgeons in Ireland



GUEST LECTURERS

DR EVAN FLATOW



DR LORI MICHENER



Mount
Sinai
West



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Irish Shoulder & Elbow Society

IRISH SHOULDER AND ELBOW SOCIETY

Supporting & Advancing the Science, Art and Practice
of Shoulder and Elbow Surgery in Ireland

EXECUTIVE COMMITTEE



Hannan Mullett



Diarmuid Molony



Kieran O'Shea



James Colville



Ruth Delaney



Clare Gilsenan



Olivia Flannery



John Lunn

GUEST SPEAKERS



Dr Evan Flatow

Dr Flatow is a world renowned shoulder surgeon and current president of Mount Sinai West in Manhattan, NYC



Dr Lori Michener

Dr Lori Michener is Professor of Clinical Physical Therapy at the University of Southern California Laboratory

WELCOME FROM THE COMMITTEE

Dear Colleagues,

Welcome to the 2019 annual conference of the Irish Shoulder and Elbow Society.

The committee would like to express our gratitude to Professor Pascal Boileau and Dr Anju Jaggi, our invited speakers, for making the 2018 meeting an enjoyable and informative one.

In June, we hosted a specialty morning at the Irish Orthopaedic Association annual meeting at the Heritage Hotel and Spa in Killenard. Dr Mark Mighell from the Florida Orthopaedic Institute was our guest of honour, delivering a lecture on the diagnosis and management of prosthetic infection in shoulder arthroplasty. Other speakers on the day included Mr David Morrissey from Cork University Hospital who spoke on the diagnosis and management of sterno-clavicular joint disorders. Mr Ross Kingston from the Bon Secours Hospital in Tralee shared his philosophy on post-operative analgesia and rehabilitation following rotator cuff repair. Mr Muiris Kennedy from the Midlands Regional Hospital outlined his rationale for using the posterior approach for the management of terrible triad injuries and Mr Ronan McKeown from Craigavon Area Hospital shared his experience in the management of AC joint injuries.

Following on from the morning session Dr Mighell delivered a keynote address to the IOA at large on the management of proximal humeral fractures.

This year at the ISES annual meeting, east coast USA meets west, with Dr Evan Flatow visiting from New York and Dr Lori Michener from Los Angeles. Dr Evan Flatow is President of Mount Sinai West, part of the Mount Sinai Health System. Prior to taking up this post and since 2006 he served as the Bernard J. Lasker Professor and Chair of Orthopaedic Surgery at the Icahn School of Medicine at Mount Sinai. At Mt Sinai, he established a research group focused on studying the basic science of tendon healing and pathology. With Dr Bigliani, he developed the widely used Flatow-Bigliani comprehensive shoulder replacement system.

Dr Lori Michener is the Director of Clinical Outcomes and Research, Director of the COOR Laboratory, and Professor of Clinical Physical Therapy at the University of Southern California. The COOR laboratory focuses on the study of the mechanisms, diagnosis and treatment of orthopaedic and sports injuries of the shoulder.

With two such distinguished speakers, we can all look forward to an interesting and educational scientific meeting.

Thank you for attending today.



Mr James Colville
PRESIDENT



Mr Diarmuid Molony
TREASURER



Mr Kieran O'Shea
SECRETARY



Irish Shoulder & Elbow Society



IITOS
THE IRISH
INSTITUTE OF
TRAUMA AND
ORTHOPAEDIC
SURGERY



RCSI

General Information

Wireless Internet Access

The login and password for wifi is:

Username – rcsiguest

Password – RC\$1Gu3stJan

Cloakroom Facilities

Coat rails are outside the outside the Albert near the stairs.

Washroom Facilities

Outside the Albert LT and down the steps.

Down the hall from the Boardroom / College Hall

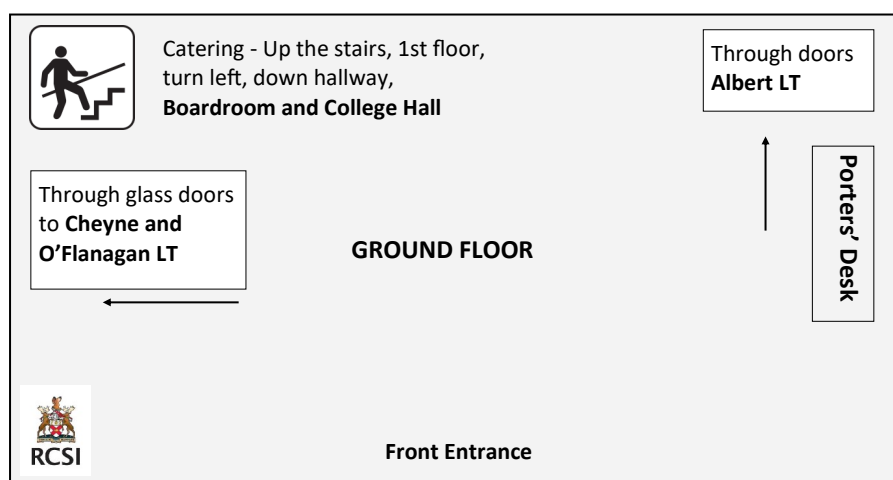
To the right of the Porters' desk, down the hall, on the left

Taxis

Outside on Stephen's Green across from Insomnia.

MAP

(Location of rooms)



Membership Fees

Ordinary Member: Annual fee €250, includes conference attendance fee

Junior Member: Annual fee €50, includes conference attendance fee

Non-member practising orthopaedic surgeon: Attendance fee €100

ISERS Member: Annual fee €100, includes conference attendance fee



Irish Shoulder & Elbow Society

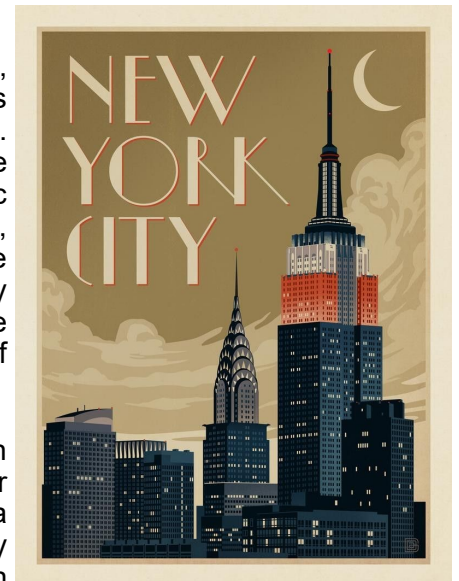
Guest Speakers

We are delighted to welcome Dr Evan Flatow as our speaker and guest of honour at the 2018 ISES conference.



President, Mount Sinai West

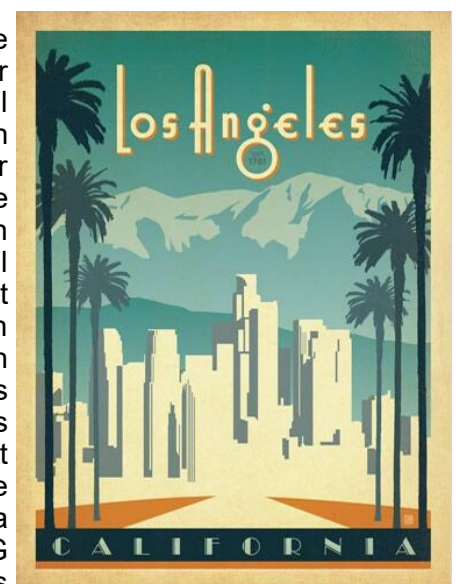
Evan L. Flatow, MD, is President of Mount Sinai West, part of the Mount Sinai Health System. Prior to this appointment, he served since 2006 as the Bernard J. Lasker Professor of Orthopaedic Surgery, Chair of the Leni and Peter W. May Department of Orthopaedic Surgery at the Icahn School of Medicine at Mount Sinai, and Director of the Orthopaedic Surgery Service at The Mount Sinai Hospital. A nationally and internationally recognized leader in shoulder surgery, he has made many clinical, educational, and research contributions to the care of shoulder disorders.



Since joining Mount Sinai in 1998, Dr. Flatow has established an internationally renowned shoulder service, training numerous shoulder fellows and residents. He, along with others, helped to develop a comprehensive shoulder replacement system that is widely used by shoulder surgeons around the world. Dr. Flatow established a tendon basic science research group at Mount Sinai, serving as principal investigator on a National Institutes of Health R01 grant based on a new animal model of tendon damage. Dr. Flatow spent the 11 years previous to joining Mount Sinai on the faculty of Columbia-Presbyterian Medical Center. A 1977 graduate of Princeton University, Dr. Flatow received his medical degree from Columbia University College of Physicians and Surgeons in 1981. He completed a surgical residency at Roosevelt Hospital, and an orthopaedic residency and a year of shoulder fellowship under the direction of Charles S. Neer, II, MD, at Columbia-Presbyterian Medical Center. Dr. Flatow has received numerous honors and awards, and has written or edited five books and more than 170 articles and book chapters. He has served as President of American Shoulder & Elbow Surgeons, Chair of the Trustees of the Journal of Shoulder and Elbow Surgery, and as Chair of the Publications Committee and of the Council on Education of the American Academy of Orthopaedic Surgeons.



Lori Michener, PhD, PT, ATC, SCS, FAPTA is the Director of Clinical Outcomes and Research, Director of the COOR Laboratory, and Professor of Clinical Physical Therapy at the University of Southern California. Prior to USC she was a faculty member for 15 years at Virginia Commonwealth University. She earned a B.S. in Athletic Training from Lock Haven University in Pennsylvania as well as a B.S. in Physical Therapy from the State University of New York at



Buffalo, a M.Ed. from the University of Virginia, and her Ph.D. in Orthopedics and Biomechanics from MCP Hahnemann University in Philadelphia, PA. In the COOR (Clinical biomechanics, Orthopedics and sports medicine Outcomes Research) Laboratory her research is focused on the study of mechanisms and the diagnosis and treatment of orthopedic and sports injuries of the shoulder. Specifically, she examines the mechanisms underlying the shoulder pathologies using a variety of techniques to include ultrasonography, kinematics, and EMG (electromyography). In the clinical setting, Lori and her collaborators examine the ability to classify and diagnosis shoulder disorders, and the outcomes of non-surgical treatment for patients with shoulder and cervical spine disorders. COOR Lab: <http://pt.usc.edu/COOR/> Lori was named an APTA Catherine Worthington Fellow in 2015.

Irish Shoulder and Elbow Society President

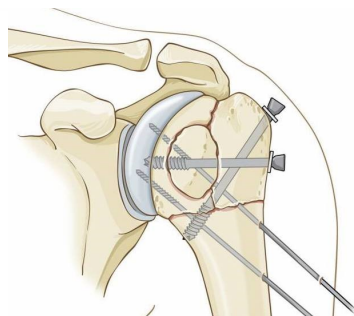
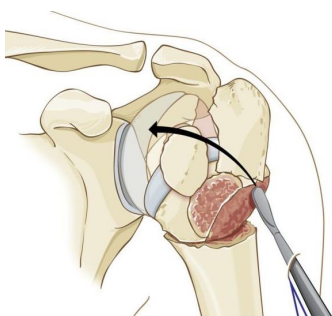


Mr James Colville

Mr James Colville graduated in Medicine from Trinity College, Dublin. His orthopaedic training was on the Irish national training programme. Following on from this, he completed upper limb fellowships in Heinola, Finland and St Galen, Switzerland. He was awarded a Shoulder Reconstruction Scholarship in Columbia Medical Centre in New York. During his distinguished career he held the following positions: President of the British Elbow/Shoulder Society, President of the Irish Society for Surgery of the Hand, President Irish Association of Occupational Therapists, Vice Dean of the Faculty of Sports & Exercise Medicine. For many years, he co-chaired the annual Dublin Sports Surgery course. His main area of specialization has been the management of the sports injured shoulder and throughout his career, he carried out in excess of 1500 surgical procedures to treat shoulder instability.

About ISES

The Irish Shoulder and Elbow Society (ISES) was established in October 2016 to support and advance the science, art and practice of shoulder and elbow surgery in Ireland. The president is Mr James Colville, Hon Secretary is Mr Kieran O'Shea and Hon Treasurer is Mr Diarmuid Molony.



Irish Shoulder & Elbow Society

CONFERENCE PROGRAMME

08:15 - 08:40	Registration, tea, coffee	Boardroom	
08:45 - 09:00	Welcome Address	Mr James Colville	Albert Lecture Theatre
09:00 - 10:00	SESSION 1		
09:00 - 09:30	Management of Overhead Athletes With Superior Labral Anterior-Posterior Injuries	Dr Lori Michener	
09:30 - 10:30	Panel Discussion / Post Traumatic Clinical Cases Chair: Mr John Lunn Panel: Mr Diarmuid Molony / Mr Timothy Doyle		
10:30 - 11:00	Perspectives of Shoulder Arthroplasty: After 30 Years	Dr Evan Flatow	
11:00 - 11:30	Coffee break	Boardroom	
11:30 - 13:00	SESSION 2: Free Papers	Chair: Ms Ruth Delaney	Panel: Mr Eamonn Kelly Mr Darragh Hynes
11:30 - 11:40	Pre-operative Magnetic Resonance Imaging Findings in Rugby Players who have undergone Arthroscopic Bankart Repair.	MS Davey, ET Hurley, J Kearney, R Hogan, L Pauzenberger, H	Sports Surgery Clinic, Dublin
11:40 - 11:50	Latissimus Dorsi Tendon Transfer Vs. Superior Capsular Reconstruction for treatment of irreparable Rotator Cuff Tears: A Retrospective Comparison Study with Short-Term Clinical Results.	R Delaney, T Kadow, D Garcia, R Minorini, M Baratz, A Lin	Dublin Shoulder Institute / University College Dublin, University of Pittsburgh Medical Centre, University College Cork Medical School
11:50 - 12:00	Lateral clavicle fracture fixation in adolescents using an “Endobutton”	M O’ Reilly, S Flynn, JV Lunn	Midlands Regional Hospital, Tullamore
12:00 - 12:10	Superior capsular reconstruction using a decellularized extracellular matrix graft for irreparable rotator cuff tears: updated clinical results from two centres.	A Ferrando, D Garcia, R Kingston, R Delaney	Dublin Shoulder Institute / University College Dublin, University College Cork Medical School, Bons Secours Hospital Tralee
12:10 - 12:20	Mid-Term Outcomes Following Microfracture for Osteochondral Lesions of the Glenohumeral Joint: A Systematic Review.	JP Toale, ET Hurley, H Mullett, L Pauzenberger	Sports Surgery Clinic, Dublin
12:20 - 12:30	Outcomes of the Arthroscopic Bankart Procedure in Irish Collision Athletes.	A McLeod, R Delaney	University College Cork Medical School, Dublin Shoulder Institute /
12:30 - 12:40	‘Drop Sign’ Post Terrible Triad Injury of the Elbow – Does the Approach Matter?	P Carroll, D Morrissey	Cork University Hospital
12:40 - 12:50	Revision Shoulder Stabilisation in Collision athletes: Risk Factors and Deterioration of Intra-Articular Findings.	C Montgomery, JG Galbraith, ET Hurley, L Pauzenberger, H Mullett	Sports Surgery Clinic, Dublin

12:50 - 13:00	Comparing Outcomes Between Terrible Triads and Unstable Simple Elbow Dislocations – A single Centre Retrospective Review.	Francis AO, Kelly MJ, Flannery OM	Connolly Hospital
13:00 -14:00	Lunch	Boardroom / College Hall	
14:00 -15:00	SESSION 3: Shoulder Arthroplasty	Albert Lecture Theatre	
Panel Discussion / Shoulder Arthroplasty Clinical Cases Chair: Mr Hannan Mullet Panel: Mr Cormac Kelly, Mr David O’Briain			
14:00 -16:15	Parellel Session AHP Scapular dyskinesia - What does it mean when I see this in clinic?	Cheyne Lecture Theatre	
Chair: Clare Gilsenan Speaker: Dr Lori Michener			
15:15 - 15:45	Coffee break	Boardroom	
15:45 - 16:15	Leadership in Academic Medicine: As Difficult As Ever	Dr Evan Flatow	Albert Lecture Theatre
16:15 - 16:30	Close and Awards		
16:30	ISES AGM	Chair - Mr Hannan Mullett	Albert Lecture Theatre
	ISERS AGM	Chair - Ms Clare Gilsenan	Cheyne Lecture Theatre

Platinum Sponsor for 2019



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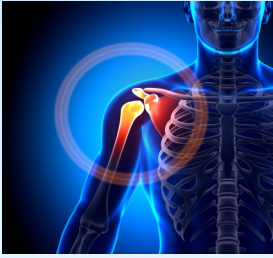


Irish Shoulder & Elbow Society

Thanks to all our generous sponsors



Shoulder Community



Are you keen to learn more and stay up date in musculo-skeletal practice?

Log on to:

<http://www.shouldercommunity.com>

Evidence based physiotherapy for Shoulder Pain conditions

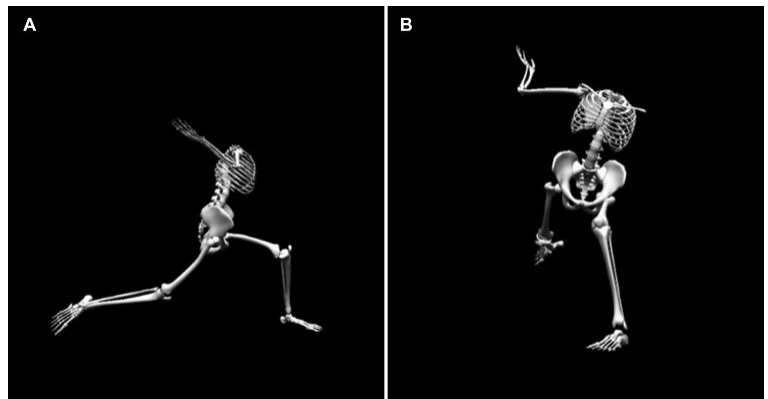
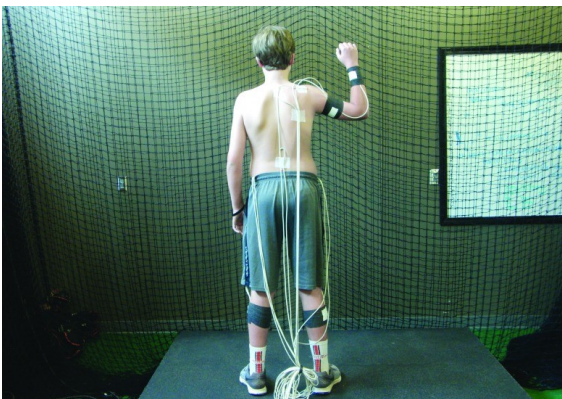
**SHOULDER
COMMUNITY
OF PRACTICE**

Would you like to improve your evidence based physiotherapy management of shoulder pain conditions?

Join the Shoulder Community of Practice for:

- Journal clubs
- Patient case discussions
- Practice based projects
- Research

Contact Karen.mccreesh@ul.ie to express interest



Sagittal and frontal plane depiction of maximum shoulder external rotation of the pitching motion.

Reproduced with permission from: 'Trunk lean during a single leg squat is associated with trunk lean during pitching. Plummer HA, Oliver GD, Powers CM, Michener LA. Int J Sports Phys Ther. 2018 Feb;13 (1):58-65.



**Thanks to the Royal College of Surgeons for the use of their facilities
and to the Irish Institute of Trauma and Orthopaedic Surgery for admin support.**



Irish Shoulder & Elbow Society

IRISH SHOULDER AND ELBOW SOCIETY 3RD ANNUAL MEETING

12th January 2019

FEEDBACK FORM

Your feedback is important to us. Please take a few minutes to fill in this detachable form and drop back to the registration desk before you leave.

Name: _____

Place of Work: _____

Please indicate your level of satisfaction with this meeting.

- ☐ Very Satisfied
- ☐ Satisfied
- ☐ Somewhat satisfied
- ☐ Neutral
- ☐ Dissatisfied

Which session did you enjoy most and why?

Do you have any suggestions for next year's meeting?





Irish Shoulder & Elbow Society

Certificate of Attendance

This is to certify that

IMC _____

attended

Irish Shoulder and Elbow Society Conference 3rd Annual Meeting

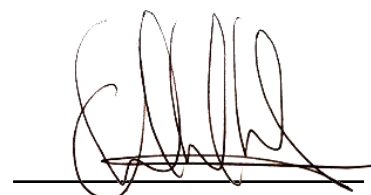
Royal College of Surgeons in Ireland
St. Stephen's Green, Dublin 2
Saturday, 12th January 2019



James Colville



Kieran O'Shea



Diarmuid Molony

RCSI CPD

Category: External

Credits Awarded - 6

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NOTES

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Website: www.isesociety.com

Email: irishsesociety@gmail.com



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