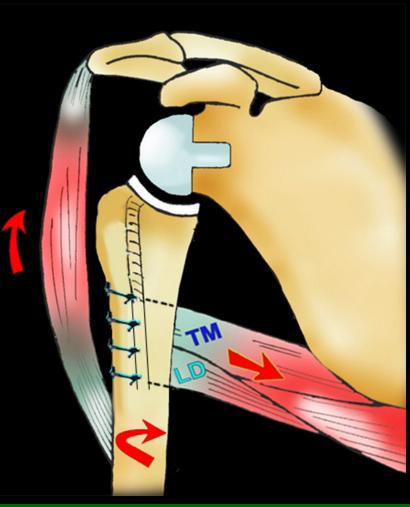


Saturday, 13th January Royal College of Surgeons in Ireland





IRISH SHOULDER AND ELBOW SOCIETY

Supporting & Advancing the Science, Art and Practice of Shoulder and Elbow Surgery in Ireland

EXECUTIVE COMMITTEE



Hannan Mullett



Diarmuid Molony



Kieran O'Shea



James Colville



Ruth Delaney



Clare Gilsenan



Olivia Flannery



John Lunn



Prof Pascal Boileau

Professor Boileau is the Professor and Head of the Department of Orthopaedic Surgery and Traumatology at the University of Nice, Sophia-Antipolis.



Ms Anju Jaggi

Anju is a Consultant
Physiotherapist with a
clinical interest in shoulder
dysfunction and research &
innovation lead for the
Therapy directorate at the
Royal National Orthopaedic
Hospital.



Irish Shoulder & Elbow Society

Dear Colleagues,

Welcome to the 2018 annual conference of the Irish Shoulder and Elbow Society.

This year, we hope to build on the success of 2017's inaugural meeting. On behalf of the society I would like to express our gratitude to Dr Anthony Romeo, our guest of honour last year, for making the day an enjoyable and informative one.

The first half of the today's meeting is dedicated towards shoulder instability and no doubt, there will be something for everyone with the combined wisdom and knowledge of our two guest speakers: Pascal Boileau and Anju Jaggi.

Professor Pascal Boileau is a pioneer in the field of shoulder surgery and has introduced innovations in the management of shoulder arthritis, instability, cuff pathology and fractures. He is the head of the department of orthopaedic surgery in the University of Nice, a former SECEC president and director of the biennial Nice Shoulder Course.

Ms Anju Jaggi, herself a former EUSSER president, is renowned for her work in the management of complex shoulder instability. Many of our own most challenging instability patients have travelled to London to benefit from her expertise and under her supervision and instruction, rehabilitated back to function.

Later on, in June of this year, ISES will hold its first specialty day at the IOA annual meeting. Dr Mark Mighell from the Florida Orthopaedic Institute will be guest of honour on that occasion.

Thank you for attending the conference today. I think we can all look forward to an interesting educational and scientific meeting.

Mr James Colville PRESIDENT

Mr Diarmuid Molony
TREASURER

Mr Kieran O'Shea SECRETARY



General Information

Wireless Internet Access

The login and password for wifi is:

Username - rcsiguest

Password - RC\$1Gu3stJan

Cloakroom Facilities

Coat rails are outside the outside the Albert near the stairs.

CPD Certs

A CPD cert is enclosed in your conference programme.

The conference has been awarded **6** credits for CPD purposes by the Royal College of Surgeons in Ireland.

Feedback Forms

Please take a few minutes to fill in the feedback form on page 15 and drop back to the registration desk.

Washroom Facilities

Outside the Albert LT and down the steps.

Down the hall from the Boardroom / College Hall

Membership Application Form

This form can be found inside your programme on page 11.

Membership Fees

Ordinary Member: Annual fee €250, includes conference attendance fee

Junior Member: Annual fee €50, includes conference attendance fee

AHP conference attendance fee €50

Non-member practising orthopaedic surgeon attendance fee €100

Guest Speakers



We are delighted to welcome Professor Pascal Boileau as our speaker and guest of honour at the 2018 ISES conference.

Professor Boileau is the Professor and Head of the Department of Orthopaedic Surgery and Traumatology at the University of Nice, Sophia-Antipolis. He is also the Vice Dean of Biomedical Research and the President of the Scientific Commission at the University of Nice School of Medicine. He grew up in Metz in the northeast of

France. His orthopaedic training was in Nice, where he was awarded the Ancien Interne Médaille d'Or (Resident's Gold Medal). His fellowship training was with Prof Henri Dejour in Lyons. He was awarded both SOFCOT and SECEC travelling fellowships, allowing him to visit centres for shoulder surgery in the US. In 2005, he was awarded the prestigious Neer Award for his work on the biomechanics of reverse shoulder arthroplasty. In 2007, he won the prize for best clinical paper at the ICSS (International Conference on Shoulder Surgery) with his research on the ISIS score. His practice is based at the Pasteur 2 Hospital, part of the Centre Hospitalier Universitaire de Nice, where he is the director of the Nice Shoulder Institute and the Institut Universitaire Locomoteur et Sport (IULS). He has published widely on rotator cuff pathology, glenohumeral instability and shoulder arthoplasty with well in excess of 100 index-linked articles and over 150 book chapters in print. He is the founder and director of the biennial Nice Shoulder Course. He is married to Dominique and has two children, Marie and Pierre.



Anju is a Consultant Physiotherapist with a clinical interest in



shoulder dysfunction and research & innovation lead for the Therapy directorate at the Royal National Orthopaedic Hospital (RNOHT). She has worked at the RNOHT for over 20 years, 18 years of which has been in clinical rehabilitation in managing complex shoulder dysfunction with a specific interest in atraumatic shoulder instability. She has lectured internationally and presented at numerous scientific meetings. She has published work in the field of motor control at

the shoulder, co-supervised post graduate student projects and is involved in several funded research studies collaborating with commercial and academic partners, one of which is the NIHR GRASP trial with the University of Oxford. She is currently leading a randomised clinical trial on the role of surgery in atraumatic shoulder instability with the surgical team at the RNOHT in collaboration with Prof Ginn at Sydney University. She holds a clinical teaching fellow post at University College London (UCL) and is program lead for the new UCL MSc in Musculoskeletal Rehabilitation. She has served on the board of the European Society of Shoulder & Elbow Rehabilitation (EUSSER) since 2008 and was President of the society from 2012-2015. She has also served on the British Shoulder & Elbow Society Education committee and is an active member. She has a passion for improving the management of shoulder dysfunction as well as globally promoting physical therapy and rehabilitation.



Irish Shoulder and Elbow Society President



Mr James Colville

Mr James Colville graduated in Medicine from Trinity College, Dublin. His orthopaedic training was on the Irish national training programme. Following on from this, he completed upper limb fellowships in Heinola, Finland and St Galen, Switzerland. He was awarded a Shoulder Reconstruction Scholarship in Columbia Medical Centre in New York. During his

distinguished career he held the following positions: President of the British Elbow/Shoulder Society, President of the Irish Society for Surgery of the Hand, President Irish Association of Occupational Therapists, Vice Dean of the Faculty of Sports & Exercise Medicine. For many years, he co-chaired the annual Dublin Sports Surgery course. His main area of specialization has been the management of the sports injured shoulder and throughout his career, he carried out in excess of 1500 surgical procedures to treat shoulder instability.

About ISES

The Irish Shoulder and Elbow Society (ISES) was established in October 2016 to support and advance the science, art and practice of shoulder and elbow surgery in Ireland. The president is Mr James Colville, Hon Secretary is Mr Kieran O'Shea and Hon Treasurer is Mr Diarmuid Molony.











CONFERENCE PROGRAMME

08:15 - 08:40	Registration, tea, coffee			
08:45 - 09:00	Welcome Address	Mr James Colville		
09:00 - 10:00	SESSION 1: Shoulder Instability			
09:00 - 09:30	The Unstable Shoulder	Ms Anju Jaggi		
09:30 - 10:30	Panel Discussion / Clinical Cases Chair: Mr Hannan Mullett Panel: Mr John Lunn / Mr Timothy Doyle			
10:30 - 11:00	Shoulder Instability Surgery - The Nice A La Carte Approach	Prof Pascal Boileau		
11:00 - 11:30	Coffee break			
11:30 - 13:30	SESSION 2: Free Papers	Chair: Mr Fintan Shannon	Panel: Mr Eamonn Kelly Ms Olivia Flannery	
11:30 - 11:40	The Latarjet Procedure versus Bankart Repair For Anterior Shoulder Instability - A Systematic Review & Meta-Analysis	ET Hurley, SK Farrington, D LimFat, H Mullett	Sports Surgery Clinic, Dublin	
11:40 - 11:50	Synthetic augmentation for massive rotator cuff tears	A.Juhdi, A Abdulkarim, P Harrington	Our Lady's Hospital, Navan	
11:50 - 12:00	Rational use of Shoulder MRI in the Private Setting: how often does the MRI actually influence clinical management?	R. Devlin, R.A. Delaney	Royal College of Surgeons in Ireland and Sports Surgery Clinic, Dublin	
12:00 - 12:10	Chylous related complications following surgical management of clavicle fractures - two case reports and a literature review.	C Downey, D O'Neill, M Lee, H Mullett	Beaumont Hospital, Dublin 9	
12:10 - 12:20	Functional Outcomes of Hemiarthroplasty vs. Reverse Total Shoulder Arthroplasty for Fracture of the Proximal Humerus	JT Cassidy, H O' Sullivan, D Molony	Tallaght Univeristy Hospital, Dublin	
12:20 - 12:30	Isokinetic shoulder strength asymmetries in a normative cohort of contact athletes	JM Coppard, K Daniels, H Mullett, R Delaney, E Fanning	Sports Surgery Clinic, Dublin	
12:30 - 12:40	Biceps Tenodesis versus SLAP Repair for Isolated Type II SLAP Tears - A Systematic Review & Meta-Analysis	ET Hurley, CM Duigenan, JC Miller, H Mullett, CJ Moran	Sports Surgery Clinic, Dublin	
12:40 - 12:50	Outcome Of Short Stemmed Ceramic Head Hemiarthroplasty Versus Anatomic Total Shoulder Arthroplasty Mid-term results	R Davies , RW Nyffeler, U Irlenbusch, TJoudet, G Pap, C Kelly	Robert Jones & Agnes Hunt Orthopaedic Hospital, Oswestry, United Kingdom	
12:50 - 13:00	Mechanisms of shoulder dislocations in professional rugby union: A systematic video analysis.	C Montgomery, D O'Briain, H Mullett, C Moran	Sports Surgery Clinic, Dublin	

13:00 -14:00	Lunch		
14:00 -15:00	SESSION 3: Shoulder Arthoplasty		
Panel Discussion / Clinical Cases Chair: Mr James Colville Panel: Mr Diarmuid Molony, Ms Ruth Delaney			
15:00 - 15:20	PARALLEL SESSION AHP Current Advances in the Exercise Managemen	t of Shoulder Dysfunction	
Chair: Ms Clare Gilsenan Speaker: Ms Anju Jaggi			
15:00 - 15:20	ISES Update	Ms Ruth Delaney	
15:00 - 15:20	ISERS Update	Ms Clare Gilsenan	
15:25 - 15:45	Coffee		
15:45 - 16:15	Advances in Shoulder Arthroplasty	Prof Pascal Boileau	
16:15 - 16:30	Close and Awards		
16:30	ISES AGM	Mr Hannan Mullett	

We would like to acknowledge the support of Smith and Nephew, principal sponsors of ISES 2018



Thanks to all our generous sponsors























Shoulder Community



Are you keen to learn more and stay up date in musculoskeletal practice?

Log on to:

http://www.shouldercommunity.com

Evidence based physiotherapy for Shoulder Pain conditions

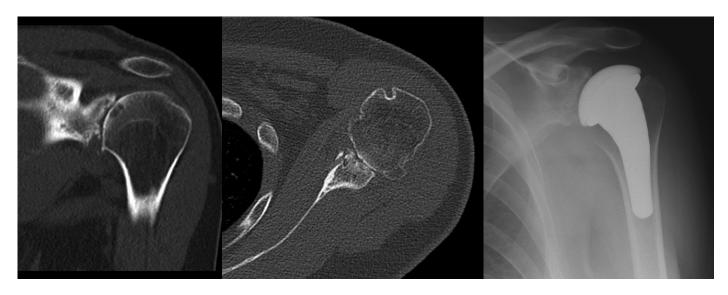


"Would you like to improve your evidence based physiotherapy management of shoulder pain conditions?

Join the Shoulder Community of Practice for:

- -Journal clubs
- -patient case discussions
- -practice based projects
- Research

Contact Karen.mccreesh@ul.ie to express interest



Irish Shoulder and Elbow Society Standing Order Form



Date:

Please fill in the standing ord	der form below ar	nd return to:	
Mr Diarmuid Molony, Treasui Dublin 24.	rer ISES, C/O Dep	artment of Orthopaedio	c Surgery, AMNCH, Tallaght
Account Name			
Name of Current account to	o be debited		
To the Manager of Bank / Bu	uilding Society		
Branch / Building Society			
Branch address			
Post code			
Account number		Sort Code	
Please pay into the account Allied Irish Bank, Adelaide an			
IBAN	BIC		SORT CODE
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I/we instruct you to pay a yeacount per year at the req			from my/our
Start date for deduction (ye			
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Signature		Date	

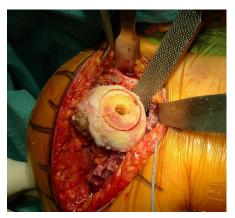


The Cappagh Shoulder Conference, convened and chaired by Mr Hannan Mullett was established in April 2013. It is held on the 2nd Tuesday of each month between 6 and 7pm in the Lady Martin Auditorium.

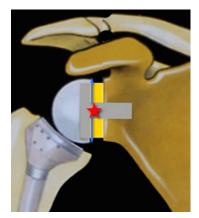
The format is a clinicopathological case conference whereby complex and/or difficult cases are presented for opinions from the assembled audience.

The conference has proved to be an extremely successful venture with both patients and their treating surgeons benefitting from the combined knowledge and wisdom of the Orthopaedic Surgeons with an interest in shoulder surgery, trainees and allied health professionals who make up the attendance.

If you wish to refer a patient to the Cappagh Shoulder Conference, please contact Mr Hannan Mullett's registrar in Cappagh National Orthopaedic Hospital.







The organising committe would like to thank the Irish Institute of Trauma and Orthopaedic Surgery for their support and to the Royal College of Surgeons for the use of their facilities.









SHOULDER COURSERE-IAB

Current Concepts
JUNE 1&2 2018

ROTATOR CUFF TEARS, INSTABILITY, STIFFNESS, ARTHROPLASTY



Course Chairmen:
Pascal BOILEAU, MD, Patrice DUPLAN

SCIENTIFIC COMMITTEE:

A. Cadogan (NZ), L. D'Asnières de Veigy (MC), P. Duplan (FR), J. Gibson (UK), A. Jaggi (UK), T. Marc (FR), P. Oddoux (FR), A. Roren (FR), G. Sagi (H), M. Testa (I), S. Zipfel (FR)

WWW.NICE-SHOULDER-COURSE-REHAB.COM

NICE / FRANCE / LE MERIDIEN

IRISH SHOULDER AND ELBOW SOCIETY ANNUAL MEETING 13th January 2018

FEEDBACK FORM

Your feedback is important to us. Please take a few minutes to fill in this detachable form and drop back to the registration desk before you leave.

Name:
Place of Work:
Please indicate your level of satisfaction with this meeting.
Very Satisfied
Satisfied
Somewhat safisfied
Neutral
Dissatisfied
Did the meeting meet your expectations?
Yes
No
Any other comments?





RCSI CPD

Certificate of Attendance

	Т	his is to certify that		
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		attended		
	Irish Shoulder	and Elbow Society Con	ference	
	St. Ste	lege of Surgeons in Irela ephen's Green, Dublin 2 day, 13th January 2018	nd	
Khide	1	Lenan O'Shoe		
James Colville	ί.	Kieran O'Shea	Diarmuid Molony	`
CPD		Category: External	Credits Awarded Saturday - 6	



Irish Shoulder & Elbow Society



SHOULDER COURSE

Current Concepts

MAY 31 - JUNE 2 2018

ARTHROSCOPY, ARTHROPLASTY & FRACTURES

AN INTENSIVE 3-DAY COURSE WITH SURGICAL SKILLS LABS AND LIVE SURGERY

> Course Chairman: PASCAL BOILEAU, MD

THE YOUNG ARTHRITIC SHOULDER

JUNE 2

SCIENTIFIC COMMITTEE:

G. WALCH, MD, P. BOILEAU, MD, D. MOLÉ, MD, L. LAFOSSE, MD, L. FAVARD, MD, C. LÉVIGNE, MD, F. SIRVEAUX, MD, JF. KEMPF, MD, Ph. CLAVERT, MD, Ph. COLLIN, MD, L. NEYTON, MD, N. BONNEVIALLE, MD, JF. GONZALEZ, MD

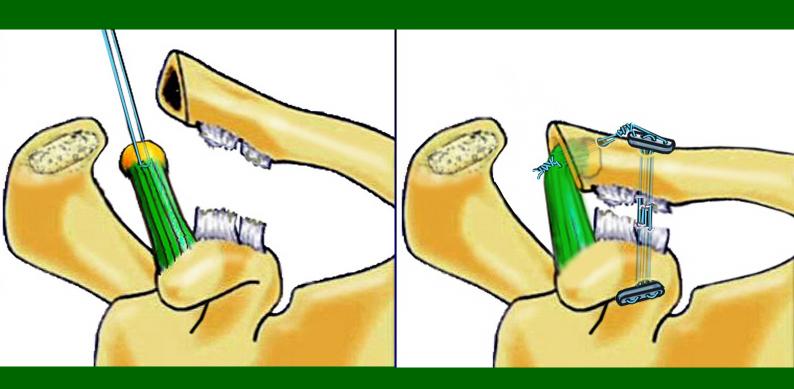
SPECIAL EVENT

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IRISH SHOULDER AND ELBOW SOCIETY

Supporting & advancing the science, art and practice of shoulder and elbow surgery in Ireland



Website: www.isesociety.com

Email: irishsesociety@gmail.com

