



Enrico Bellato MD (centre), SECEC visiting fellow, receiving a tour of the physiotherapy department at the Sports Surgery Clinic.



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Annual Meeting, January 2019 with guest speakers, Dr Evan Flatow and Prof Lori Michener.

Welcome to Our First ISES Newsletter

It has been a busy and successful year starting with the annual scientific meeting in January. Dr Evan Flatow proved to be an extremely engaging and insightful speaker and give us the benefit of his experience in both shoulder surgery and transitioning from medical to management of a major healthcare network. Professor Lori Michener travelled from the University of Southern California to be the ISERS's guest speaker. Prof Michener is a world-renowned physiotherapist and academic. Director of COOR (Clinical biomechanics, Orthopaedics and sports medicine Outcomes Research) Laboratory, her research focuses on the study of mechanisms and the diagnosis and treatment of orthopaedic and sports injuries of the shoulder and she was an excellent speaker.

Many ISES members attended the SECEC meeting in Geneva to support our bid to host SECEC 2021. The bid was presented by Ruth Delaney on behalf of the committee and we were delighted that we were successful - plenty of work for the next couple of years but an opportunity to put Irish shoulder and elbow surgery on the map. We also welcomed both visiting SECEC and ASES fellows for the first time. We look forward to Ms Jo Gibson from Liverpool and Mr Gilles Walch from Lyon as guest speakers for our annual meeting on Saturday, January 11th 2020 in the RCSI.

Hannan Mullett



Pictured are (from L-R): Uma Srikumaran, MD, Johns Hopkins University. Ruth Delaney, Consultant Orthopaedic Surgeon, Sports Surgery Clinic. Michael Freehill, MD, University of Michigan.

SECEC Visiting Fellow

It was very interesting to meet both Ruth Delaney and Hannan Mullet. Also, it was a great opportunity for me to be introduced to the Irish Shoulder Orthopaedic community. I had the chance to attend the meeting where the shoulder surgeons in Dublin share their most difficult cases and they also invite patients to come for open preoperative evaluation. This was very useful. Afterwards, we had a nice dinner at the French Restaurant followed by (of course) a pint of Guinness.

I was very impressed by the unique group of patients. Since rugby and Gaelic football are so popular in Ireland, shoulder dislocation is very common. We had very interesting conversations about their surgical indications and postoperative protocols in such high-demanding and often very young patients. I was also impressed by the high level of the facilities where they work: they have an amazing team working with them so that they can be very efficient in the OR, where I saw several interesting cases. I also visited the Sport Center connected to the Sport Surgery Clinic: a physiotherapist introduced me to their rehabilitation programs and showed me their ongoing studies. And a lucky morning as a tourist with no rain (!!!) was the cherry on top.

Thanks Ruth and Hannan!



Albert Ferrando and SECEC visiting fellow Enrico Bellato in Temple Bar.

American Shoulder & Elbow Society Visiting Fellows

Every two years the American Shoulder and Elbow Society (ASES) sends two fellows to a number of European centres and we were honoured that this year's ASES visiting fellows chose Dublin as one of their centres.

This was the first time Ireland has hosted the visitors. We welcomed Dr Michael Freehill, MD, University of Michigan and Dr Uma Srikumaran, MD, Johns Hopkins University to Dublin from 4th to 8th September. They visited the Sports Surgery Clinic (SSC) and spent time with Ruth Delaney and Hannan Mullett in theatre.

They also visited the SSC Sports Medicine Department and were interested to hear about the biomechanical research that is being undertaken there. They delivered a series of lectures to an audience comprising local shoulder surgeons, trainees and physiotherapists. Mike and Uma also visited Cappagh hospital and observed surgery with Kieran O'Shea and Olivia Flannery.

They enjoyed an active social schedule with dinner on the Friday night in the Winding Stair restaurant hosted by ISES committee. They also came to see Ireland beat Wales in the final World Cup warm-up match at the Aviva Stadium. Mike is a keen U2 fan and got to see Bono's childhood home en route to Cappagh which was an added bonus for him.



Uma, Mike, Hannan, Ruth and Kieran at the Aviva Stadium for Ireland's final warm up game before the Rugby World Cup.



Leo Pauzenberger, Fellow SSC, Michael Freehill, Hannan Mullett, Uma Srikumaran.



ISES 2020 Annual Meeting Guest Speaker - Dr Gilles Walch

Native of Lyon, France and a product of the Lyonnaise Orthopedic school, Doctor Gilles Walch is truly a legend in the world of shoulder surgery. At the end of his orthopaedic training, he took the advice of his mentor, Pierre Chambat, and went to

the USA, intending at that time to specialise in knee surgery (at this point he had numerous publications on patello-femoral instability and natural history of cruciate ligament rupture). He visited Dr Frank Jobe and Dr Charlie Rockwood in the US and those experiences drew him to shoulder specialisation, which at that time was virtually unheard of in Europe.

Since his return to France, Dr Walch has focused completely on the shoulder, improving the understanding and treatment of various shoulder disorders. Over time, he set up multidisciplinary teams with Rheumatologists, Radiologists, Physiotherapists, Rehab Doctors and other orthopaedic surgeons, in particular within the Duplay group.

In 1993 he organised the first 'Journées de l'épaule' in Lyon. Over 1,000 European specialists including orthopaedic surgeons, rheumatologists, radiologists and rehabilitation specialists consolidated 10 years of collaboration with the purpose of identifying and quantifying the different shoulder pathologies. The results of the collaboration have allowed careful analysis of poor results, complications and failures to improve treatment.

From 1987 to 1995 Dr Walch was the General Secretary of the European Society for Surgery of the Shoulder and Elbow (ESSSE/SECEC), before holding the office of President from 2005 to 2007. He has been a member of the ASES since 1994 and was elected President of the French Society of Orthopedic Surgery and Traumatology (SOFOT) 2014-2015.

He was distinguished as an Honorary Member of several European Orthopedic Societies including Switzerland, Portugal, Italy and Greece. He is also a member of eight scientific societies and has been invited as Visiting Professor in many University Hospitals all around the world.

He has published more than 300 articles in national and international journals and has lectured at some 500 conferences across the world. He has written numerous book chapters and edited four books on Shoulder Arthroplasty.

Dr. Walch has been a pioneer in the understanding of shoulder conditions and has developed several concepts including internal impingement, arthroscopic tenotomy of the biceps in massive RCT, hidden lesion of the subscapularis, the Latarjet procedure, the classification of arthritic glenoid, the role of the teres minor in massive rotator cuff tears and the musculotendinous rupture of the infraspinatus.

For the past 30 years he has concentrated exclusively on surgery and arthroscopy of the shoulder with shoulder instability, rupture of the rotator cuff and shoulder arthroplasty forming the basis of his day to day work. In addition, he has trained and mentored future generations of shoulder surgeons, and his legacy will endure as a major influence on the development of modern shoulder surgery. Our patients have much to thank Dr. Walch for, and we are extremely grateful to have him as our ISES guest speaker 2020.



Société Européenne pour la Chirurgie de l'Epaule et du Coude
European Society for Surgery of the Shoulder and the Elbow

SECEC Presidential Address 2019

Distinguished Members of our Society !

Once again, it gives me a great pleasure addressing you during the most vibrant times of the year, right after our annual event. Our closed meeting took place in the admirable city of Copenhagen and united 125 of our members to revel in a refined scientific setting and to enjoy an amazing boat tour with an elegant dinner. A comprehensive elbow course with a distinctive faculty preceded the closed meeting and 95 of our members recapitulated their elbow knowledge. This Closed Meeting was furthermore particular as it was SECEC's last regular Closed Meeting. Traditionally, we used to skip our annual congress once in every three years and organize closed meetings during the World Congress. Now I am happy to inform you that our Executive Committee decided to resume holding our annual congresses along with ICSES, maintaining our full support to this worldwide spectacular event. Exceptionally, we will skip our congress only when ICSES is held in Europe, as it will happen in 2022 in Rome, Italy.

In Copenhagen, we voted for the admittance of our new members. I would like to welcome each and every one of the 67 new members of our society. Thanks to you, SECEC grew 10% in 2019 and will continue to grow. Particularly, following our recent revision on our membership criteria, associated and junior membership is remarkably more accessible than before. Mainly, our aim is to facilitate our membership processes by cancelling unnecessary documentation and relieve young members from a financial burden at the beginning of their career. To read full letter by Mehmet Demirhan, SECEC-ESSSE President click [here](#)



Mr Hannan Mullett, President ISES pictured at the at ICSES Argentina with BESS president Amar Rangan, Osvandre Lech, Chairman International Board of Shoulder and Elbow Surgeons (IBSES)

The Irish Shoulder and Elbow Rehabilitation Society, ISERS was established in 2017 to support our 46 members in leading and collaborating on the delivery of the highest standards of shoulder and elbow rehabilitation in Ireland. This being done through high quality short courses, journal clubs, case discussions and the development of online resources.

In April, ISERS was honoured to host Leanne Bissett for an excellent 'Advanced Elbow Course' in the University of Limerick. Leanne is Associate Professor in Musculoskeletal Physiotherapy within the School of Allied Health Sciences at Griffith University in Brisbane, Australia. She has successfully completed multiple clinical trials investigating physiotherapy and medical interventions for chronic upper limb musculoskeletal pain conditions. With more than 1 million AUD in competitive grant funding, Leanne is recognised as a leading expert in the field of soft tissue elbow injuries.

The society ultimately aims to encourage and support research collaboration between members, and foster relationships with our international colleagues in the field of elbow and shoulder rehabilitation. This year we have partnered with The European Society for Shoulder and Elbow Rehabilitation, EUSSER, and look forward to collaborating and contributing to the work of our European colleagues. In addition to this, ISERS awarded a travel bursary to one of our members to attend the annual EUSSER symposium in the Netherlands. One of the key goals for the ISERS group is to strengthen our networks with the shoulder and elbow surgeons nationally. Therefore increasing awareness of physiotherapists with a special interest in shoulder and elbow rehabilitation amongst our surgical colleagues was considered important. To this end we have created a brochure with the contact details of any of our members who would like to be included, which will be circulated to the members of the ISERS surgeons' group.

In January, the society holds an annual conference in collaboration with our surgical colleagues, the Irish Shoulder and Elbow Society.

This year our guest speaker was Professor Lori Michener, from the University of Southern California to be the ISERS's guest speaker. Prof Michener is a world-renowned physiotherapist and academic. Director of COOR (Clinical biomechanics, Orthopaedics and sports medicine Outcomes Research) Laboratory, her research focuses on the study of mechanisms and the diagnosis and treatment of orthopaedic and sports injuries of the shoulder. Her key note speech presented recommendations for the diagnosis, conservative and surgical treatment, and expected outcomes of athletes with SLAP injuries.

Lori's afternoon workshop, 'Scapula dyskinesia-what does it mean when I see it in clinic?', explored assessment, relevance and management of scapula dyskinesia in clinical practice and generated interesting debate from the floor.

For next year's conference, ISERS are honoured to invite Ms Jo Gibson to be our guest speaker at the annual conference in January. Jo is a Clinical Specialist Physiotherapist who has specialised in rehabilitation of the Shoulder since 1995. She works at the Liverpool Upper Limb Unit and in private practice. She is currently a Board member of the European Society of Shoulder and Elbow Rehabilitation (EUSSER), Chair of the Education Committee (EUSSER) and is Co-Editor of the Educational Section of the Journal of Shoulder and Elbow. Her research interests are complex instability, accelerated rehabilitation and the role of the kinetic chain in shoulder rehabilitation



IRISH SHOULDER & ELBOW REHABILITATION SOCIETY

Saturday, 11th January 2020 Royal College of Surgeons in Ireland

This one day conference will include key note speeches/ clinical cases/ discussion and free paper sessions. Our two keynote speakers are Jo Gibson, Clinical Specialist Physiotherapist from the Liverpool Upper Limb Unit and Professor Gilles Walch from Centre Orthopedique Santy, Lyon. The afternoon session will involve a two hour break out session with Jo Gibson on 'Rehabilitation following Rotator Cuff Repair'.



Jo Gibson

Jo Gibson is a Clinical Specialist Physiotherapist, specialising in rehabilitation of the Shoulder since 1995. She lectures Nationally and Internationally and is a Consultant to several elite sports teams regarding shoulder rehabilitation. Jo is an Associate Lecturer at Liverpool University, has published in Peer-reviewed journals, written several book chapters and co-authored National guidelines for the management of shoulder pathologies.

Click on ISERS logo above to view flyer.

New Look
Irish Shoulder and Elbow
Society Website

COMING SOON



Irish Shoulder & Elbow Society

Call for Abstracts for ISES 2020 Deadline

Sunday, 1st December

Submission of Abstracts Guidelines

Please complete your 250 word abstract following the guideline provided

The following information should be included on the abstract:

- The title of the abstract typed in bold and full name of the presenting author and all co-authors, current appointment & place of work address (this information will be displayed on the programme if you are invited to present).
- Daytime telephone number.
- Email address

If your abstract is to be considered for poster presentation only, please state this clearly.

Submissions should clearly state: -

- The objectives/aims - Method - Benefits/ results - Conclusions of the study
- The abstract should not contain bibliographic references, tables or appendices.
- The abstract should be approximately 250 words (count not including title/authors).
- The abstract must be in English.

By submitting your abstract, you are confirming that all authors have approved the submission, and agree to your abstract appearing on our website.

All sources of financial sponsorship or support of the study should be stated clearly at the end of the abstract.

Deadline Abstracts must be submitted by midnight on Sunday, 1st December 2019.

If you have any queries in relation to this, please email:

irishsesociety@gmail.com



Surgical Outcomes System

As part of an agreement drafted between Arthrex and ISES, the surgical outcomes system will shortly be available for ISES members for use. For further queries contact Pamela Moran at: pmoran@lynchmedical.ie

What is the purpose of the Surgical Outcomes System (SOS)?

The primary purpose of the SOS global registry is to monitor and evaluate the global outcomes of various standard-of-care orthopedic and sports medicine medical procedures. This leads to the development of evidence based protocols for the best methods for treating patients with different conditions.

What is the goal of the SOS global registry for physicians?

The Surgical Outcomes System is an orthopedic and sports medicine registry that enables physicians to easily collect and analyze patient outcomes and treatment procedures to quantify results for health care operations, performance improvement, marketing, patient engagement, and research. Arthrex's developmental efforts focus on streamlining the SOS global registry to decrease administrative time and resources for the site.

<https://surgicaloutcomesystem.com/>



Past Meetings



Attendees at the monthly shoulder meeting in the Lady Martin Auditorium, Cappagh Hospital.



Physiotherapy Group Photo at the ISES Annual Meeting, ISERS parallel session, RCSI 2018.



ISES Annual Meeting 2018 in the Royal College of Surgeons.



Professor Pascal Boileau, ISES Annual Meeting 2018.



ISES Annual Meeting 2017 in the Royal College of Surgeons.



Mr Patrick Fleming and Mr James Colville at the ISES meeting.

Irish Shoulder and Elbow Society Annual Meeting



Mr Gilles Walch

With Parallel Physiotherapy Session

Saturday, 11th January 2020

Royal College of Surgeons in Ireland



Ms Jo Gibson

ISES COMMITTEE

Hannan Mullett - President
Kieran O'Shea - Secretary
Diarmuid Moloney - Treasurer
Clare Gilsenan - ISERS Representative

Ruth Delaney
Timothy Doyle
Olivia Flannery
T Kenneth Kaar
Ross Kingston



Irish Shoulder & Elbow Society



Dinner with the visiting SECEC fellow.



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Click on images above and below for further details.

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SECEC-ESSE CONGRESS

EUROPEAN SOCIETY FOR SURGERY
OF THE SHOULDER AND THE ELBOW

DUBLIN · IRELAND

15-18 September 2021

